



# FOR IMMEDIATE RELEASE

## Aileen Wright Student Heads to National Figure Skating Competition

**Northeastern Catholic District School Board, January 18<sup>th</sup>, 2008:** Cassandra, grade seven student at Aileen Wright English Catholic School, heads to Ottawa January 30<sup>th</sup> to February 2<sup>nd</sup> to participate in her first Junior National Figure Skating Competition.



"I really enjoy skating. I find it is really a lot of fun," explains Cassandra. "Later, I hope to coach skaters and help them reach their goals and dreams."

Skating since the age of three, Cassandra spends much of her free time practicing and fine tuning her skill. "Being able to go to the National level of competition means that I have worked really hard and it has paid off." Around the school, Cassandra is known to be practicing her spins and jumps in the school yard as well as in the hallways of the school.

Her routine was choreographed to the music from the movie "EverAfter" which she began working on last summer with a choreographer in Sudbury.

Andrea Iserhoff, Principal of Aileen Wright English Catholic School, adds, "I am extremely proud that all of Cassandra's hard work and sacrifices have paid off. Our school wishes her the best as she competes at the National level the week of January 30<sup>th</sup>."

Skating like most sports demand much persistence, commitment and passion ~ qualities Cassandra hold near to her heart.

The Northeastern Catholic District School Board wishes to congratulate Cassandra on her accomplishments and wish her the best of luck in Ottawa.