

NORTHEASTERN CATHOLIC DISTRICT SCHOOL BOARD "You Are The Light of The World!"

NEWS RELEASE

Aussie X Team Visits St. Jerome School Kirkland Lake, June 5, 2012:

Aussie X: Life-changing Sport Programs

At Aussie X, we believe in the importance of getting active in order to achieve maximum happiness in one's life. We believe in making physical activity fun for EVERYONE, no matter a person's level of skill or ability!

Aussie X provides three new and unique sporting experiences that are infused with the intriguing and entertaining Aussie culture, designed to captivate imaginations and inspire movement and laughter all at the same time. The programs provide participants with a feeling of exhilaration and joy whilst getting active, resulting in an extraordinary experience that has a lasting impact that can be carried with anyone throughout their life.

The new skills, rules and game play levels the playing field for all participants to feel encouraged and confident to simply "Have a Go" at getting active.



Karen MacGregor, St. Jerome School Principal, commented "We are excited to welcome the Aussie X team to St. Jerome School. As a school community we are committed to active living and are looking forward to a sporting experience that will reinforce the message of the importance of being active. The students will participate in Aussie rules football (footy) and netball, two unique Australian sports that promise to have the students moving and laughing. Hosting Aussie X was made possible through the students' fund raising efforts and we want to thank our parents and

the community at large for their support! A special thank you to Mme. Foy who teaches grade ½ Immersion at our school for discovering Aussie X while watching "Dragon's Den" and suggesting that we invite them to St. Jerome. Parents are invited to drop by the school and watch their child participate in the program. We are also having a special Parent/Student night, Thursday at 5:30 for those parents wishing to share this experience with their child! Hot dogs and refreshments will be provided."

The Aussie X is a sports and cultural program that teaches students, teachers, campers, camp leaders and Corporate teams how to play Aussie Rules Football "Footy", Cricket and Netball. Highly trained instructors visit your organization fully equipped to deliver an action packed sporting / physically active experience like no other!

SAFE - UNIQUE - ACTIVE - FUN!

For more information, please contact:

Andrew Marks, Community Relations Officer at (705) 268-7443 ext. 3213