

What to look for in a Mentor A Checklist

During the month of September you will get to know the teachers at your school that and will be deciding who you feel you could work with as your mentor. To assist you in making that decision here is a checklist of characteristics to keep in mind when selecting your mentor.

My mentor is:

Committed to Catholic education

- integrates Catholic beliefs and values in the classroom
- demonstrates attitudes based on Catholic social teaching

Skilled at providing instructional Support

- coaches teachers to enhance their performance
- engages in cooperative teaching, planning and modeling

Effective in interpersonal contexts

- listens and communicates in a collegial manner
- recognizes the uniqueness of the mentoring relationship

A model of a continuous learner

- searches constantly for better answers and effective solutions
- develops and experiments with new practices

Committed to the role of Mentor

- models self-reflective practice
- communicates hope and optimism
- creates time in their schedule for mentorship activities

Adapted from *The Good Mentor* by James Rowley ([Educational Leadership](#), May 1999)