



Northeastern Catholic District School Board Virtues Program:

Virtue: A Virtue is a habitual and firm disposition to do good. It allows the person not only to perform good acts, but to give the best of themselves. The virtuous person tends toward the good with all their sensory and spiritual powers; they pursue the good and choose it in concrete actions.

Monthly Catholic Virtues:

| Month | Virtue |
|--------------|--------------------------------------|
| September | <i>Faith</i> |
| October | <i>Gratitude</i> |
| November | <i>Prudence (Wisdom)</i> |
| December | <i>Charity</i> |
| January | <i>Fortitude (Courage)</i> |
| February | <i>Temperance (Self Control)</i> |
| March | <i>Forgiveness</i> |
| April | <i>Justice</i> |
| May | <i>Humility</i> |
| June | <i>Hope</i> |