



Fortitude

January 2012
Northeastern Catholic District School Board

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 This year, let your actions be guided by knowing that Jesus resides inside of you.	9 Fortitude launch assembly	10 Learn about one of the 12 apostles. How did they show fortitude after the death of Jesus?	11 Think about how we can show courage at school, at home, and in social situations.	12 Read the story of David and Goliath (1 Samuel 17: 1-58), how is the virtue of fortitude demonstrated?	13 Have your students dramatize the story of David & Goliath.	14
15 Know that sometimes doing the right thing is difficult but with fortitude you can do what is right.	16 Read one of the recommended Read-Alouds. What are the examples of Fortitude/ Courage?	17 Pray for God's strength to face life's challenging situations.	18 Have students share their perspective on courage from the Read Aloud.	19 Have students identify acts of courage by people in the news, in your community, or school.	20 Pray and reflect on everyday acts of courage.	21
22 Always stand up for what is right.	23 What happens when we lose courage in God? Matthew 14: 25-33	24 Why did it take courage to be a follower of Jesus? John 20: 19-21	25 How can our everyday actions demonstrate fortitude?	26 Write about what it means to be courageous.	27 Why does it take courage to stand up to a bully?	28
29 Live your life in a way that makes others know you a follower of Christ.	30 How is the story of the Good Samaritan an example of courage? Luke 10: 30-35	31 More great things are done through courage than through wisdom. Discuss				

"Seek the Lord and his strength; seek His presence continually"

1 chronicles 16:11