

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>September 2010- Hot Lunch</h1>					Contact: Shelly Lamarche 272-2529	
Student Name: _____	Cost: \$ 4.50/daily- Regular Portion \$ 5.50/daily- Larger Portion	Please: 1.) Circle date, size and indicate beverage Juice= Apple or Fruit Milk= White or Choc.	1 Cheques are payable to Compass Group	2 LUNCH ORDER DUE!!!	3 PD DAY!!! NO School!!!	4
Grade: _____						
5	6 Labour Day NO SCHOOL!	7 Chicken Strips with dipping sauce Macaroni Salad Fruit Kabob & Muffin <input type="checkbox"/> Larger Portion	8 Bacon Cheeseburger Veggies and Dip Cookie <input type="checkbox"/> Larger Portion	9 Small Poutine Fruit Salad Apple Blueberry Muffin <input type="checkbox"/> Larger Portion	10 Chicken Leg with Roasted Potatoes & Carrots, Jello <input type="checkbox"/> Larger Portion	11
12	13 Alphabet Soup Garlic Bread Caramel Muffin <input type="checkbox"/> Larger Portion	14 Chicken Quesadilla Chocolate Pudding Parfait with Cookies <input type="checkbox"/> Larger Portion	15 Ham Broccoli Pasta Casserole Tea Biscuit Blueberry Yogurt Parfait <input type="checkbox"/> Larger Portion Milk () Juice ()	16 Club House Sandwich & Fries with Carrot Sticks Apples and Caramel <input type="checkbox"/> Larger Portion Milk () Juice ()	17 Pepperoni Pizza Slice Zucchini Chocolate Cake with Vanilla Ice Cream <input type="checkbox"/> Larger Portion Milk () Juice ()	18
19	20 Hot Dog, Caesar Salad Carrots & Dip, Chocolate Chip Cookie <input type="checkbox"/> Larger Portion Milk () Juice ()	21 Beef, Tomato Macaroni and Cheese Banana Muffin <input type="checkbox"/> Larger Portion Milk () Juice ()	22 Small Poutine Jello Parfait Cookie <input type="checkbox"/> Larger Portion Milk () Juice ()	23 Chicken Fried Rice & Nuggets, Cookie Apple Pudding Parfait <input type="checkbox"/> Larger Portion Milk () Juice ()	24 Grilled Cheese Sandwich Fruit Salad, Rice Krispie Square <input type="checkbox"/> Larger Portion Milk () Juice ()	25
26	27 Half slice of crazy bread Apples & Caramel, Jello <input type="checkbox"/> Larger Portion Milk () Juice ()	28 Pizza Dogs & Fries Fruit & Yogurt Parfait <input type="checkbox"/> Larger Portion Milk () Juice ()	29 Chicken Noodle Soup Half Cheese Sandwich Carrots & Dip Dessert <input type="checkbox"/> Larger Portion Milk () Juice ()	30 Pepperoni Pizza Brownie & Vanilla Ice Cream <input type="checkbox"/> Larger Portion Milk () Juice ()	Oct. 1 Chicken Strips with dipping sauce & Mashed Potatoes, Pumpkin & Raisin Muffin <input type="checkbox"/> Larger Portion Milk () Juice ()	Oct.2

