

P.R.I.D.E. BASKETBALL COMPETITIVE DIVISION

July 29 - August 2 Ages 13-17 Location: O'Gorman High

P.R.I.D.E. Basketball will once again be offering a competitive division this year that will challenge athletes and provide them with a level of coaching to enhance their confidence to play at any level. Players will be given the opportunity to interact with Michele Belanger, University of Toronto Women's Head Coach, and over the course of the week will be exposed to the opportunities that are provided at the next level.

- Players will be challenged to enhance all aspects of their game including individual, team strategies and mental readiness.
- Each player will visit the shooting lab and have their shot video analyzed and reviewed with them individually.
- P.R.I.D.E. Basketball has been providing athletes with the opportunity to enhance their skills for over 16 years and this year we have made it even better.

Typical Day at Camp

8:30 - 9:00	Drop Off & Warm-up
9:00 - 11:30	Session with Coach Belanger
11:30 - 12:30	Lunch
12:30 - 2:45	Team Sessions
2:45 - 3:45	Games and Competitions
4:00	Pick-up

Night Sessions may be included

Video Analysis

Each player will receive an individual analysis with the shooting coach during the week

**Camp is Limited to
25 Boys and 25 Girls**



**Featuring Coach
Michele Belanger**

Michele Belanger, now in her 33rd season as Varsity Blues Head Coach, is a veteran of national and international competition as both a player and coach. Belanger has coached for Canada at all levels of international competition. She was the Head Coach of the Junior National Team for several years and the 1997 Student Games Team that won five of six games at the FISU Games in Sicily.

She was OUA Coach of the Year '80-'81, '81-'82, '93-'94, '96-'97, '99-'00, '07-'08 and '10-'11.

P.R.I.D.E. Basketball would like to thank the following sponsors..



Carole's Variety



Registration Form

Name _____ D.O.B. _____ Age _____

Address _____

Postal Code _____ Phone # _____

Parent Name _____ Cell/Work Phone # _____

School Name _____ Coach _____

Jersey Size (adult sizes) S M L XL

Mail or Deliver to:

O'Gorman Intermediate School
490 MacLean Drive, Timmins, ON, P4N 4W6
Camp Costs \$200 Before May 15th

**Register Now to
Avoid
Disappointment**