

News from the Knights

Virtue of the Month: Fortitude

Father,

I pray for courage as I begin this day, for I understand there is work to be done, burdens to be carried, and joys to be celebrated.

And when this day is done, O Lord, may I have the courage to see Thy guiding hand in the friendships that have been made, in the hurts that have been healed, and in the strength that has been given.
Amen.

A Visit from Micah Jacobson

Mr. Jacobson, co-founder of the LINK Crew, will speak to the entire school body on Mon., Jan. 10th and offer a follow up leadership workshop for our LINK crew students. More info about our guest speaker available at:
www.boomerangproject.com/about/micah

Grad Fundraising Draw

Once again our graduates are selling tickets. This year's grand prize:

2 NHL tickets—Leafs VS Bruins
2 NBA tickets—Raptors VS Wizards
Plus \$1 400.00 spending money

9 bonus draws of \$100.00 each from Canadian Tire, Home Depot or Walmart

Draw Date: Friday, February 11th

Tickets may be purchased from a graduate or from the office. Special thanks to our sponsors: Cain Safety & Lakeshore Gold

Athletics— Upcoming Events

The girls' volleyball season gets underway with the first league tournament in all divisions happening on Wed., Jan. 12th. GO KNIGHTS!

Watch our Girls' Hockey Team as they continue their exciting season in Smooth Rock Falls on January 11th.

The boys' basketball teams continue to shine both in league and tournament play. Watch for them in the Gold Cup Tournament starting Fri., January 7th and 8th. GO TEAMS!!

Exam Study Tips

1. Study ahead of time so you feel properly prepared.
2. Find a quiet space free of distractions when studying so you can focus.
3. Create a study schedule and follow it diligently.
4. Split up blocks of time spent studying with short breaks to refresh yourself.
5. Organize your notes based on classroom reviews offered by subject teachers.
6. Get a good night's sleep. Don't stay up all night studying just before the exam.
7. Eat a healthy breakfast the morning of the exam.

Mark Your Calendar!

January 11th
O’Gorman Parents for Kids meeting at 6:30PM

January 12th
School Council meeting at 6:00PM

January 18th
EQAO Mathematics Assessment

January 21st—January 26th
Final Examinations for all Semester 1 courses