

# Home of the

# **PANTHERS!**

January 2017 Newsletter

## Principal's Message

Welcome to 2017! The staff and I hope that each and every one of you had a restful and memorable Christmas break surrounded by family and friends. As we look ahead to this new term, we would like to thank the many staff, students and parents who have helped to make Sacred Heart School such a great place for children to learn. Sacred Heart School is the heart of the community, success for each, a place for all. We would also like to thank our Catholic School Council for all of their work up to this point in supporting student achievement, preparing pathways, and supporting student activities through their fundraising activities. We look forward to the new activities in the winter and spring terms. From the staff to your families, we wish you a blessed 2017!

Mr. Berthier Principal

# **Our New Year Prayer**

Dear God,

Please give the leaders of our world

A courage born of peace

That they might lead us gently

And all the fighting cease.

Thank you Lord for giving me

The brand new year ahead

Help me live the way I should

As each new day I tread.

We ask for a year of joy

Thy peace, thy joy divine

Springing undimmed through all the days

By thy days of shade or shine.

Happy New Year!

# We want your e-mail address!

Currently, Sacred Heart School posts the newsletters and other information on the Board's website under the tab "Our Schools". We have worked on creating an internet option that will allow us to send electronic information throughout the year via the internet. It's an easy and great way to share information in a timely manner from our school to our families. We encourage all of our Parents and Guardians who have not yet done so, to send us your name and e-mail address in order for our list to be complete.

Our spiritual theme: "By Our Works, We Show Our Faith," (James 2: 16 - 18).

# Junior Kindergarten or Kindergarten Registration

We will be holding our registration for children new to Junior Kindergarten or Kindergarten for September 2017 on;



# Monday, January 30th from 9:00 am to 4:00 pm

Junior Kindergarten registration is for children born in 2013 and Kindergarten registration is for children born in 2012 (who have **not** attended JK at Sacred Heart School).

The following items will be required for registration: a birth certificate for your child, a Catholic Baptismal Certificate, your child's immunization records and proof of address. Tours of the school will be set up during this day. If you are unable to stay for or make it in, other tours of the FDK rooms will be set up on Tuesday and Thursday at 10 am or 2 pm at Sacred Heart or our new site, Pope Francis Elementary School.

Please call the school to set up an appointment and tour at (705) 264-5869.



# **Important Dates for January**

January 9<sup>th</sup> – First day of classes.

January 18<sup>th</sup> – Pajama day.

January 20<sup>th</sup> – School mass at Sacred Heart Parish.

January 23th – Wear your 'Stop Bullying Here' t-shirt

January 24<sup>th</sup> – Catholic Parent Council Meeting beginning at 6:30

January 25<sup>th</sup> – Staff vs students sporting events

January 30<sup>th</sup> – Full Day Kindergarten Registration from 9:00 am to 4:00 pm.

#### **Reminders:**

# **OUR SCHOOL DAY**

8:50 - Entry & Opening Exercises

10:10-10:25 - Morning Recess

11:45-12:15 - Lunch Recess

12:15-12:45 - Lunch Inside

2:05-2:20 - Afternoon Recess

3:20 - Dismissal

#### **OFFICE HOURS**

Open from 8:00 am to 11:45 am Closed from 11:45 am to 12:45 pm Open from 12:45 pm to 4:00 pm

As a safety issue, we would like to remind you that the supervision of the school yard does not begin until 8:30 a.m. It would be best if students who walk or are dropped off at school do not arrive to school before then.

If you are coming into the school, you are reminded that you must report to the office and not go to your child's classroom or locker. We appreciate your support on this.

#### **Monthly Virtue: Respect and Responsibility**

God has called us to model the respect shown by Christ. As brothers and sisters who share one Spirit, we are all valuable to God and deserve to be shown courtesy, consideration, sensitivity and thoughtfulness, all ways of showing respect. We shall remind students that through prayer, we improve our ability to be Christ-filled people respecting ourselves, others and our environment in which we live.

We will also be celebrating responsibility. We will work with students to develop models that enable them to make good and conscientious decisions based on scriptural values. We will emphasize the importance of making decisions that do not harm themselves, others or the environment. We will also remind the students of the importance of being able to say "sorry" when they make mistakes and to act correctly, as Jesus would have, in these situations.

Quote: "Responsibility does not only lie with the leaders of our countries or with those who have been appointed or elected to do a particular job. It lies with each of us individually." Dalai Lama

#### **School Improvement Plan**

The 2017 School Improvement Plan is posted and you can locate it on the Board's website under "School".

#### HOME AND SCHOOL - WORKING TOGETHER FOR SCHOOL SUCCESS

#### Building Understanding and Excitement for Children - Math and Science

Snow-globe science

Whether or not it's snowing outside, your young scientist can create a 'blizzard' inside with this fun project.

Have your child fill two jars with water and two with mineral or baby oil. Then, he/she can put a drop of glycerin (available at drugstores) in one water jar and one oil jar. Now it's time to add the 'snow' (1/2 tsp. glitter or crushed egg shells) to each jar and seal tightly. One by one, your child should shake the four jars and set them down to observe.

Which liquid creates the longest blizzard? The speed of the falling snow depends on the **viscosity** of the liquid. The more **viscous** (or resistant to flow) it is, the more friction there is – and the longer the blizzard lasts!

#### Primed!

"Is that a prime or composite number?" Playing this game can help your child remember the difference. Follow these instructions.

- 1. Have your child make a 100s chart by drawing 10 rows of 10 boxes and numbering them 1-100 (1-10 on the first row, 11-20 on the next row, and so on).
- 2. The object is to find the most prime numbers. TIP: Go over what a prime number is a whole number that can be divided only by itself and 1. (All other numbers are composite, except for 1, which is neither prime nor composite.)
- 3. To play, take turns choosing a number on the chart. Circle it in red if it's prime, or colour it in blue if it's composite. Score 5 points for finding a prime number and 2 points for a composite number. NOTE: Use scratch paper to figure out if the numbers can be divided by any number other than 1 and themselves.
- 4. When all the squares are taken, high scores wins.

### A Message from the Spirit Team.....

In January, you should look forward to Pajama Day! So get your snuggly onesie on and come to school on January 18<sup>th</sup>!

Also in January, there will be a staff vs student 4 sport game challenge on January 25<sup>th</sup>. The staff will take on the newly assembled Panther sport teams.

Finally, wear your "Bullying Stops Here" t-shirts on January 23rd.

### **Provincial Report Card #1**

Elementary report cards will be going home for term 1 on Wednesday, February 15<sup>th</sup>. We encourage you as parents to call and speak to your child's teachers prior to you receiving the report card. Parent meetings are also welcomed.

#### Seasonal Flu Update

As the flu season approaches, please remind your child about proper hand washing and hygiene habits. If your child displays flu-like symptoms, it is strongly recommended to keep your child at home in order to prevent the spread of the virus. When reporting the absence to the office, please inform us if your child has flu-like symptoms which include fever, cough, sore throat, sore muscles, joint pain, weakness, fatigue, headache and sometimes diarrhea and vomiting. Students are reminded to wash their hands frequently, to cough/sneeze into the elbow and to avoid sharing snacks and personal effects.

#### **Cold Weather**

With the cold weather upon us, it is extremely important that students come to school dressed for the cold temperatures. Proper winter clothing is needed daily. This includes layered clothing, a heavy coat, snow pants, winter boots, hats, gloves and scarves. Students should pack an extra pair of socks and

gloves in their backpacks in case these become wet. Students will not be permitted to remain indoors even with a parent note. If there are medical reasons for a student to remain indoors, you must provide the appropriate doctor's note.

### Winter Safety

Snowball throwing is forbidden on school property. Since most snowballs may contain ice, throwing snowballs becomes similar to throwing rocks; therefore, students who throw snowballs will face very serious consequences, which may include suspension.

Winter activities can be exciting and fun, but we want to ensure that everyone is safe. Activities which are safe between 3 or 4 students in their backyard can become a dangerous activity when there are many more students in one area. Please discuss these reminders with your children. We will continue to remind them at school!

#### **Catholic School Council**

2016-17 Catholic Parent Council members; Co-Chairs – Mrs. Taylor and Mr. Dupont

Secretary – Mrs. Alexander

Members – Mrs. Oliver, Mrs. Miller, Mrs. Presseault, Mrs. Hynes, Mrs. Dore, Mrs. Courchesne, Mrs. Mason, Mrs. Gauthier, Mrs. Pelletier, Mr. Chartrand, Mrs. Lamothe, Mr. Westerling and Constable Southcott.

Our next meeting will take on January 24th at 6:30 pm.

#### Closing Message:

"Everything is God's to give and to take away, so share what you've been given, and that includes yourself." Mother Teresa

#### **Contact Information**

Principal: Mr. Berthier (705) 264-5869

Superintendent: Mrs. Stefanic Weltz (705) 268-7443

Board website: www.ncdsb.on.ca

