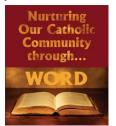


# St. Jerome Journal

April 2014

## April's virtue is Justice

April, with its celebration of Easter, has been assigned the virtue of JUSTICE. At this time, we celebrate the Resurrection of Jesus who is the Just One who died for the sake of the unjust, that He might lead people back to God. But justice is also an important part of Catholic teaching beyond Christ's Death and



Resurrection. The need to do justice comes from the obligation to respect the dignity of every human person.
This dignity comes from being created in God's image.
Failing to respect human dignity, including failing to do justice, is a failure to respect the image of God in others. As in this month's quote, "Let justice flow like a stream, and

righteousness like a river that never goes dry." Amos 5:24

## Vesey's Fund-raiser & MacMillan's Spring Fund-raiser

As part of fund-raising for the 2013-2014 school year, students are asked to collect orders for Vesey's Flower



Bulbs and MacMillan's frozen foods. This year, the fund-raising campaign will run from <u>Wednesday</u>, <u>April 3<sup>rd</sup> to April 30<sup>th</sup></u>. The products will be ordered in



late April, and will be available for delivery sometime in mid May. Funds will be used to support student activities.

Thank you for your participation!

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# **Lifetouch Spring Pictures**

Spring picture day will take place on Monday, April 14<sup>th</sup> in the am. Spring picture day provides the opportunity for a more relaxed, casual portrait with a nature backdrop. Pictures can also be taken with a sibling or family member during the spring campaign.

We are on the web: http://www.ncdsb.on.ca/

## Subway Lunch

As part of our Healthy Foods awareness program



we are offering a Subway Lunch to our students on Wednesday, April 30<sup>th</sup>. Please make sure that you

have completed and turned in your order form.

Pitch-In Week - April 20<sup>st</sup> - 26<sup>th</sup> peration Students will participate in clean-up activities in the area of our school.

## Earth Day – Tuesday, April 22<sup>nd</sup>

Students will participate in a "Litter-less" lunch on Tuesday, April 22<sup>nd</sup>.

Everyone is encouraged to bring their lunch in food containers or reusable bags. You are also reminded not to bring things like straws and napkins,... Let's make a conscious effort to create as little garbage as possible. Please keep in mind that we are a *nutaware* school, therefore no nut products please! Parents we are also asking that you please send necessary cutlery to school with your child. Unfortunately, we are unable to provide utensils for everyone.

# Blue, Green & Brown Day

Also on Tuesday, April 22<sup>nd</sup> in recognition of Earth Day, we are asking that students dress in blue, green and brown in recognition of Mother Earth's colors.

# Jump Rope for Heart

We will be having our kick-off assembly for our Jump Rope for Heart activity in support of the Heart & Stroke Foundation on Wednesday, April 23<sup>rd</sup> at 10:30 a.m. in the gymnasium.

#### Mass

Our next Mass will be on Thursday, April 24<sup>th</sup> at 9:30 a.m. at the Holy Name of Jesus Parish. You are welcome to join us.

#### Easter Basket

Tickets are currently on sale for an "Easter Basket" full of goodies. Tickets can be purchased at the office for \$1.00. Proceeds will go towards student activities.

## **Snack Program**

Thank you goes out to the following organizations for their support... North Star Plumbing & Heating, Siemens Canada, MacIntyre and Associates, Richelieu Club and the Kinsmen Club of Kirkland Lake. Their donations are greatly appreciated. Unfortunately, our program has already exhausted the grant dollars we have received this year from the Canadian Red Cross. Therefore, we are asking parents for their help in supporting the snack program so that we can continue to offer your child a healthy daily morning snack.

#### Save the Date

Our Spring Concert & Family Spaghetti Supper will take place on Wednesday, May  $7^{th}$  from 5:00-8:00 p.m. More information to come...

#### **DID YOU KNOW?**

Children need healthy food to fuel their active bodies. But many are not eating the foods they need to play, grow and feel great.



#### In Canada

- 70% of kids do not eat enough servings of Vegetables and Fruit every day.
- Over 30% of kids don't get enough servings of Milk and Alternatives every day. (Canadian Community Health Survey, 2004)

When planning your children's meals, keep the Vegetables and Fruit and Milk and Alternatives food groups top of mind! Include foods from all *four* food groups at mealtime, and when planning snacks, include foods from at least *two* food groups.