



St. Jerome Journal

October 2014

A Prayer of Gratitude

Gracious God in this busyness of my day, I sometimes forget to stop and thank you for all that is good in my life.

My blessings are many and my heart is filled with gratefulness for the gift of living, for the ability to love and be loved for the opportunity to see the everyday wonders of creation, for sleep and water, for a mind that thinks and a body that feels.

I thank you too for those things in my life that are less than I would hope them to be. Things that seem challenging, unfair or difficult.

In the silence of my soul, I thank you most of all for your unconditional and eternal love.

Amen



128 Woods Street
Kirkland Lake, ON
P2N 2S4
705 567 5800
705 567 5838 Fax

Karen MacGregor,
Principal

Caroline Harvey,
Secretary

Glenn Sheculski,
Director of Education
877-422-9322

Tricia Stefanic-Weltz,
Superintendent
877-422-9322

Steve Malciw,
Trustee
705 643 2172

Rick Brassard,
Trustee / Chair
705 544 8055

Fr. Mieczslaw Sliwa,
Pastor
Holy Name of Jesus Church
705 567 3932

Developing Character through Gratitude

The goal of this virtue is:

- To help our students give thanks for what they have and for who they are instead of focusing on what they are not and do not have.
- To help our students and ourselves learn to be attentive and to stop and enjoy the moments of happiness and joy in our lives. It is important to not lose our sense of wonder and thanksgiving for the simple things.
- To teach our children to be grateful for life itself and to live in accordance to the purpose which we were created for.

Exemplifying gratitude means:

- Giving thanks to God for the many daily blessings we have.
- Focusing on the good in our lives and the good in others.
- Not lamenting on what we do not have.
- Recognizing the good in ourselves and giving our best to improve or to help others.
- Appreciating others and the work they do for us.
- Taking care of your things, keeping them in order and sharing them with whoever needs them.
- Not wasting your gifts (water, food, electricity).
- Develop learning goals and success criteria for the virtue of Gratitude using the goals and exemplifying the gratitude article.

Student Absences

Student safe arrival at school is paramount. If your child is absent, please call the school to notify. This procedure helps to ensure the safe arrival of all students. If your child is late for school, they must check into the office before proceeding to class. Children must be signed out at the office by an adult.

Student Pick-Ups

If you are picking your child up from school, you must call the school by 2:30 p.m. to advise us of this change to their regular routine. You are asked to report to the teacher on duty at the back of the school and sign your child out. You **are not** permitted to walk into the school yard to get your child. We must be able to account for every student that leaves the school.

School starts at 8:45 a.m.!

Please be reminded that school begins promptly at 8:45 a.m. We are trying to teach the students to be responsible and be ready to begin their day of learning on time. Please support this goal by ensuring your child arrives on time before the final bell at 8:45 a.m. Together we are working to set a standard of behavior that will serve your child well in the future. Thank you for your support!

MacMillan's

Our MacMillan Frozen Goods fundraiser has started. Please make sure that you have submitted your order form by Friday, October 17th. This is our major fundraiser of the year and we depend on the profit we make to support the many activities our students participate in. While we don't encourage door to door sales we hope that all friends and family will support this fundraiser.



Please ensure that cheques are made payable to St. Jerome School and that your orders are pre-paid. Orders will not be placed unless money has been received at the office.

Fresh from the Farm



Orders for this fundraiser are due to the school office by Friday, October 17th. Visit the Eat Right Ontario website for updates on Fresh from the Farm, Healthy Fundraising for Ontario Schools www.eatrightontario.ca/en/freshfromthefarm

School Picture Retakes

School picture retakes for the 2014-2015 school year will be taken by Lifetouch on Thursday, October 30th in the AM. Please mark your calendar! **RETAKE PROCEDURES for Elementary Schools:** If a retake is requested, please **do not** send the retakes and the non-orders to Lifetouch. Instead, please keep them at the school, and have the students provide them to the photographer on retake day. This will help the photographer, and make for a smoother retake day!



Catholic School Council

Congratulations to our parent representatives who have shown interest in our council:

Mrs. Angela Davis-Witty Mrs. Tania McGinnis Ms. Renee Willmott Mr. Wayne McGinnis
Mrs. Melissa Coupland Ms. Megan Connolly Mrs. Julila Hemphill

Our first meeting takes place on Wednesday, October 1st at 6:30 p.m. All meetings are open to all parents, so feel free to join us!

Halloween Day / Activities

On Thursday, October 31st we will be celebrating Halloween with some special activities. Students are asked to wear orange and black. **No costumes please!**



LICE ALERT

Unfortunately it's that time of year again. Yes, it's lice season - a time when those dreaded little creatures wreak havoc in a classroom and reduce us all to scratching our heads whether there is an infestation or not. School children get them often because they're frequently in head-to-head contact. Head lice crawl quickly from one person's head to another. These tiny, flat insects have no wings and cannot jump or fly.



Here are a few common sense tips for reducing the risk of a lice explosion in your classroom.

- Encourage children not to share hats, clothing or combs (watch out on photo day).
- Hats and scarves should always be tucked into the arm of a child's jacket and not hung on a hook.
- When there is an outbreak of lice, students with long hair should wear their hair up in a pony tail or braids

- Remind children before holidays, of the aforementioned precautions due to their increased exposure to friends and family.
- Remind parents of the schools "**No Nit Policy**" and to check their children's heads regularly for lice, particularly during outbreaks.

RESOURCE:

For a **Head Lice Facts** sheet, log on to www.timiskaminghu.com and click on Apple Press or contact your local Timiskaming Health Unit.

ALWAYS WASH YOUR HANDS



Hand washing is such a basic task that we can sometimes forget why it's important that we do it. The fact is, hand washing remains one of the best ways to prevent infection. Make it a Habit - Wash your hands for 20 seconds

COVER YOUR COUGH

If you don't have a tissue, cough or sneeze into your elbow or upper arm NOT your hands. Be sure your nose and mouth are covered.

We are on the web: <http://www.ncdsb.on.ca/>