



The Cougar Column

ST. JOSEPH - NEWSLETTER

Mar. 1, 2018

A Message from the Principal...

The calendar for March can be found with this newsletter. It outlines the activities we have planned for this month. Please note the swimming days for the Gr. 3's and 4's. The bus leaves promptly at 12:40 pm. Look carefully at the dates so you ensure your child has his/her bathing suit on the appropriate dates and that they are here in time. Swimming is done on Thursday, Mar. 8th.

Mrs. Pichette,
Principal



LAST DAY OF SCHOOL BEFORE
March Break
Friday, March, 9th 2018



FIRST DAY OF SCHOOL AFTER
March Break
Monday, March, 19th 2018

SCHOOL COUNCIL MEETING
Wednesday, Mar. 7, 2018
at 6:00 pm
Working meeting for Progrant Proposal.



FOCUS ON FAITH

During the month of March, keep in mind that we prepare for Easter by making Sacrifices during Lent,

in keeping with Jesus' time of meditation and reflection in the desert before beginning his ministry.

With Good Friday soon upon us, remind the children how Jesus suffered on the cross to have our sins forgiven. We will celebrate Mass, led by Father Henri on Thursday, March 29th at 9:30 at St. Joachim Parish.

Our new Virtue that we are working on is



Hope is visible in our classrooms whenever we find prayer, trust in God's faithfulness and work for justice and peace.

Looks Like: Birds in the sky, a smile on a friend's face, beauty in nature, playing with my friends, seeing God's creation, a brand new baby, a child's face, beautiful art, being welcomed into the group.

Sounds Like: Silence, a pat on the back with words of encouragement, hearing children giggling, beautiful music, clapping, kids playing on the playground, food being cooked when you are hungry, waves on the beach, cold wind blowing outside when you are warm inside, Mom's voice, a purring cat.

Feels Like: Feeling like I belong, warm sunshine on my face, knowing God loves me, knowing someone cares about me, petting my cat or dog, a hug when I have not seen someone in a while, a quiet mind.



MATH GAMES TO PLAY AT HOME

We are working on improving our math abilities as part of our school improvement plan. You can help your children at home by having fun with them while learning math.

Last month it was dice – this month – cards!

Card Games

- Don't Capture the Tens!** Remove the face cards from the deck. Sort the cards into a line of 10 piles with 4 cards in each pile. (face down) Pick up a card from the top of a pile and sort the number where it would fit in the line. (piles go 1-10) Put it on the bottom face up and pick up the top card from that pile. Continue sorting all the cards back into their number piles. The goal of the game is to get all the cards home before you find all 4 10's!
- Battle!** Remove the face cards from the deck. Split the deck in half. Each player turns over a card at the same time. Read out your number. The person with the highest number wins all the cards! If you put down the same number card you battle! Place 2 cards face down and then turn over the third! Highest number takes all! Variation: Play where lowest number wins!
- Addition Battle!** Remove the face cards from the deck. Same as battle...but start off with a 9 or 10 card face up on the table. This card stays there all game and does not get removed. When you turn over your next card you need to add it onto the card already down! Ex: Both players have a 10 card placed down. Player 1 turns over a 3... $3 + 10 = 13$. Player 2 turns over a 6... $6 + 10 = 16$. Player 2 gets all the cards! Battle if you get the same sum! Variation: Play lowest sum wins all the cards!
- Take Ten!** Remove the face cards and the 10's from the deck. Place 12 cards face up in 3 rows of 4. On your turn, find as many pairs that go together to make 10. Remove them from the board. You can keep making pairs of ten until you can no longer go. Fill up the empty spaces and it is player 2's turn! When there are no cards left, count up your pile and see who has the most!

Keep up the hard work!





In the very near future, we will begin to fundraise for our Grade 5/6 end of year excursion to Camp Mini-o-we in Port Sydney in the Muskokas. We will have more information for parents very soon. The students who experienced this camp enjoyed a number of organized activities last year. Fundraisers help to keep the cost down.

From time to time children become involved in issues that require adult support to resolve. Many times, children and families indicate that they are being bullied when in fact they are involved in a conflict. We work with students to recognize the difference and to develop ways to solve and manage conflicts.

Is it Bullying? What is It?



<p>TEASING</p> <ul style="list-style-type: none"> • Everyone is having fun • No one is getting hurt • Everyone is participating equally 	<p>CONFLICT</p> <ul style="list-style-type: none"> • No one is having fun • There is a possible solution to the disagreement • Equal balance of power
<p>MEAN MOMENT</p> <ul style="list-style-type: none"> • Someone is being hurt on purpose • Reaction to a strong feeling or emotion • An isolated event (does not happen regularly) 	<p>BULLYING</p> <ul style="list-style-type: none"> • Attacked physically, socially, and/or emotionally • Unequal balance of power • Happens more than once over a period of time • Someone is being hurt on purpose

 **The Trinity** 

Just like the leaves
on each shamrock I see,
there are three parts
to the Holy Trinity.

First is God the Father,
then Jesus, His only Son,
and the Holy Spirit
together as One. 