

St. Pat's Pulse



Volume 6 Issue 2
October 5, 2011

Upcoming St. Patrick School Events:

October 5– World Teacher
Day

October 7–School Mass 9:00

Living Rosary St. Patrick
Church 7 p.m.

October 7–Toonies for
Tuition

October 10–Thanksgiving

October 18–Immunizations
gr.7/8

October 31–Hallowe'en

Daily Schedule:

8:20—Yard Supervision begins
8:45—Classes Start
10:05-10:20—Recess
11:20-12:00—Recess
11:55-12:20—Lunch
12:20-Afternoon classes begin
1:40-1:55—Recess
3:15—Dismissal

Introducing our New Catholic School Council

St. Patrick Catholic School
Council held their first
meeting on September 29,
2011. I am very pleased to
introduce your council
members:

Chair– Kandy Rhyno

Vice-Chair– Ian
Mackenzie

Treasurer– Nora Pecile-
Davidson

Avgen Cards– Nora Pecile-
Davidson , Bev Keating
Parent Volunteer Coordi-
nator– Jodi Robinson

Environmental Rep. Lynn
O'Reilly

Safe School Committee–
Jodi Robinson, Jennifer
Rickard

Teaching Rep. Isabelle
Boulet

Non-teaching Rep–
Dorianna Smokowich

Any St. Patrick's school
parent/guardian is welcome
to attend Catholic School
Council Meetings. We
look forward to seeing you
at our next meeting which
is scheduled for Thursday
October 27, 2011 at
6:00p.m. in Room 3 at the
school. If you cannot at-
tend and would like an is-
sue brought forward,
please don't hesitate to
contact Mrs. Bergeron or
any member of the school
council. We hope to see
you at our next meet-
ing.

Thanksgiving Food Drive

Students are asked to
bring non-
perishable food items
to school for Friday.
We will bring all our
food items to the
Church for our
Thanksgiving mass.
Thanks for helping
make our community
a better place.

Hockey Pool Tickets on Sale NOW!

Don't miss your chance to be
involved with this unique
fundraising opportunity. All
interested students from
Grade 4-8 will be selling
hockey pool tickets. The
price is one for \$10.00 and 3
for \$25.00 Participants get
to pick NHL players for the

entire season. Fifty percent
of the money will go to help
support St. Pat's sports teams
while the other fifty percent
will be divided amongst the top
three finishers in these
amounts: 1st. Place=60%,
2nd place=30% and 3rd place
=10%.

All tickets must be purchased
before Thanksgiving. Thank
you for your contribution to
our school athletics. Thanks
also to Mr. Dube for organiz-
ing this fundraising event.

Cough and Sneeze Etiquette

Germs such as influenza H1N1 and cold viruses are spread by coughing and sneezing. When you cough or sneeze into your hands, your hands carry and spread these germs by touching objects such as door handles, desks and toys. The next person who touches these objects may become sick by touching their eyes, nose or mouth with unclean hands. By following proper cough etiquette, you can stop the spread of germs.

- Cover your mouth and nose with a tissue when you cough or sneeze
- Put your used tissue in the garbage. Wash your hands with soap and warm water or an alcohol based hand sanitizer
- If you don't have a tissue, cough or sneeze into your upper sleeve, NOT your hands
- Clean your hands as soon as possible after coughing, sneezing or blowing your nose
- Keep your distance (1 meter) from people, especially when they are coughing and sneezing

-Minimize touching your eyes, nose or mouth

- Don't share eating utensils (cups, straws, spoons) toothbrushes, or towels.
- Stay at home if you are sick

Stop the spread of germs that make you and others sick!

Porcupine Health Unit, 2010

Hot Lunch Program

Our hot lunch program has started. Unfortunately there has been a decrease in orders and our kitchen has had to close on Fridays. For a minimal cost we provide a healthy hot lunch each day. Please send the correct change with your order in an envelope. Orders are taken before 10:00 a.m. Please try to support this program.



Virtue of the Month: Gratitude