

Cougar News

ST. JOSEPH SCHOOL – NEWSLETTER

February 2016

Principal's Corner

February will be a busy month for us here at St. Joseph School. As we approach the season of Lent we would like to invite everyone who is able to join us on Ash Wednesday February 10th at 11:15 am in the school gymnasium for a prayer service.

Just a reminder that we have no supervision outside until 8:30 a.m. and we would ask that no one is dropped off before 8:30 a.m. As always if you have any questions please feel free to call the school.

February : Virtue of the Month: Forgiveness

The practice of forgiveness is an invaluable steppingstone to peace. It is one means to healing one self and healing our relationships with others. Forgiveness can be characterized as: 1) a choice to reconcile, 2) an attitude about setting things right, 3) a compassionate way of communicating, 4) a specific action, and 5) an ongoing, lifelong process. Above all, forgiveness expresses kindness. Otherwise, without forgiveness tremendous amounts of resentment or hurt can build-up within.

Catholic School Parent Council

Vicki D'Amour Easter Fundraiser

We will be starting up our Vicki D'Amour Easter fundraiser in the next couple of weeks. We will need all the orders returned to the school by: **Tuesday March 8th** so that we can put in the order prior to the March Break. Give yourself a break this Easter let Vicki D'Amour do the baking!

Important Dates:

Grade 4 Swim Program

Our Grade 4's will start their swim program on February 2, 2016. Please check the calendar for dates and times.

Professional Activity Day

Please note that a Professional Activity Day has been added to the calendar on Monday February 29, 2016.

Pink Shirt day

Wednesday February 24, 2016.

Each year, on Pink T-Shirt Day, everyone is encouraged to wear something pink to symbolize that we as a society will not tolerate bullying anywhere.

Family Day

Monday February 15, 2016 will be Family Day this year. Enjoy the extra day to relax and enjoy your family.

Shrove Tuesday

We will be preparing a pancake breakfast on Tuesday February 9th for all of our students as we get ready for the Lenten season.