

St. Pat's Pulse

Volume 4, Issue 4

September 30,
2009

*Upcoming St. Patrick
School Events:*

Oct. 1-8

Thanksgiving Food
Drive

Oct. 7

Progress reports go
home

Oct. 8

Thanksgiving Mass @
9:00 am

Oct. 12

Happy Thanksgiving—
no school

Oct. 13

Term # 1 IEP's go home

Oct. 25

Family Mass @ St. Pat's
Church @ 10:30

Oct. 26

Sister Enid's Christmas
Sale

Oct. 28

Catholic School Council
Meeting @ 6pm (note:
date change)

Oct. 29

Pumpkin Carving Party
in Parish hall 4-6pm

Oct. 30

Halloween Dress Up &
theme day (Winit's)



From the Principal's Desk

St. Patrick's School, Catholic School Council held their first meeting on September 24, 2009. I am pleased to introduce your school council members: Chair - Alexis Goth Vice Chair - Fran Whissell Treasurer - Louise Dalton Avgen Cards - Jen Rickard & Nora Pecile-Davidson Move-a-thon Coordinator: Laura Empey Parent Volunteer Coordinator: Jodi Robinson Environmental Rep: Lynn O'Reilly & Jen Rickard- CPIC & PRO Grant Rep:

Kandy Rhyno

Teaching Rep: Isabelle Boulet

Non-Teaching Rep:

Kevin Stewart

Any St. Patrick's School parent/guardian is welcome to attend Catholic School Council Meetings.

We look forward to seeing you at our next meeting which is scheduled for Wednesday October 28, 2009 at 6 pm in room # 5. If you cannot attend and would like an issue brought forward, please don't hesitate to contact Mrs. Morgan or any member of the school

council. We hope to see you at our next meeting!

Thanksgiving Food Drive: Students are asked to bring non-perishable food items to school for the next few weeks. There will be a box in your child's morning class. The final day of the food drive is on Thursday October 8th; we will bring all our food items to the Church for our Thanksgiving mass. Thanks for helping make our community a better place.

WRITER OF THE WEEK

Congratulations to **Steve Vaillancourt** who has been selected as this week's writer of the week. He did a courageous piece of writing for a personal memoir.



Annual Terry Fox Run a success!

On Thursday September 24th, St. Patrick's School hosted our annual Terry Fox Walk. Due to uncooperative weather, we delayed our walk until after last recess, which gave the sun enough time to shine for our walk. Staff and students walked through the streets of Kapuskasing along our 2.3 Km route. Students

were dressed in school colours (yellow and green) and many were carrying hand-made signs and banners. I am pleased to announce that our students raised nearly \$400.00 which was donated to the Terry Fox Foundation. Thank you for your generosity. A big thank-you goes to all our parent volunteers and

our local O.P.P. constable Brisson who made our walk safe and fun for everyone involved.



Cough and Sneeze Etiquette



Germs such as influenza, H1N1 and cold viruses are spread by coughing and sneezing. When you cough or sneeze into your hands, your hands carry and spread these germs by touching objects such as door handles, desks and toys. The next person who touches these objects may pick up your germs and become sick by touching their eyes, nose or mouth with unclean hands. By following proper cough etiquette, you can stop the spread of germs.

- Cover your mouth and nose with a tissue when you cough or sneeze
- Put your used tissue in the garbage. Wash your hands with soap and warm water or an alcohol based hand sanitizer
- If you don't have a tissue, cough or sneeze into your upper sleeve, NOT your hands
- Clean your hands as soon as possible after coughing, sneezing or blowing your nose
- Keep your distance (1 meter/3 feet) from people, especially when they are coughing and sneezing
- Minimize touching your eyes, nose or mouth
- Don't share eating utensils (cups, straws, spoon), toothbrushes or towels
- Stay at home if you are sick

Stop the spread of germs that make you and others sick!

Porcupine Health Unit, 2009

Cedar & Mundy Street Construction



Due to the on-going construction in Kapuskasing, effective Monday October 5th, there will be changes to our bus pick up and drop off areas and access to our parking lot.

The intersection of Mundy and Cedar Street will be closed. Here is how we are planning to deal with the closure. Please help us by adhering to the following

procedure:

- Bus drop off and pick up will be on Mundy Street by our gym doors (NOT by the Church)
- Some buses will be dropping children off on Pine street, where they will need to use the crossing guard so that they can enter the school safely
- Mundy Street (from Pine St. to Cedar St. will be closed). You will need to access our parking lot from Ash/Cedar
- Walkers—please use back doors by the kitchen/gym
- Parents picking up children at end of the day—no change (you will only be able to enter our parking lot by the Church).

Hockey Pool Tickets for Sale



Don't miss your chance to be involved with this unique fundraising opportunity. All students from Grade 4-8 will be selling hockey pool tickets. The price is one for \$10.00 or 3 for \$25.00. Participants get

to pick players for the entire season.

Last year, our winners (Luc Paquette, Nancy Sanford and Pierre Dube) skated away with \$289, \$144, \$48 respectively

Don't forget to buy your hockey pool tickets today. You need to purchase tickets before Thanksgiving.

All proceeds will support our junior & intermediate sports teams. Thanks to Mr. Dube for organizing!