## Ash Wednesday Marks the Beginning of Lent at Northeastern Catholic District School Board

The ashes that mark the foreheads of Catholics on Ash Wednesday are taken from last year's palm branches and represent hope and the opportunity to grow our relationship with God. In preparation for the celebration on Wednesday, February 21<sup>st</sup>, the

O'Gorman High School Art Club painted a mural of a person looking out a window, taking time to reflect on life while God shines his light. Mike Buhler, Pastoral Care Worker for Northeastern Catholic District School Board, invited students to view the sacrifices of self-denial of food or other indulgences as an opportunity to experience freedom. This year for Lent, Mr. Buhler has given up watching television and has also begun a recycling program with the Board office. He



suggests to students to take this time to strengthen their friendships through signs of respect, by helping more at home or perhaps volunteering in the community.



St. Joseph School in South Porcupine celebrated the beginning of Lent with an afternoon celebration. "Jesus invites each and every one to walk with him in preparation for Easter", explains Deacon Michel Neron to the students.

"It's a time when you keep a sacrifice. We should give something up because Jesus gave his life for us," Mariah, Gr. 6 Student.

"For Lent I will not drink pop. By giving up something it shows we appreciate God," Ryan, Gr. 5 Student.

For more information contact Lynn Fecteau, Community Relations Officer, at 268-7443.



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