



Northeastern Catholic District School Board
Learn At Home Activities
Junior Students (Grades 4 - 6)

Art

Make a splat picture. Use store bought paint or make your own (1 cup salt, 1 cup flour, 1 cup water, food colouring). Place a small dab of paint on a page and blow on a straw to splatter the paint.

Google the most famous bridges around the world. Choose a bridge to replicate using recycled materials. Take a picture of your bridge and share it with friends and family.

Make your own birdhouse. Cut a large hole in the center of one side of a recycled milk carton. Cut a small hole under the large hole just big enough to poke a stick through to provide a perch.

Catholic Faith

Watch The storm on the lake - Matthew 8:23 - 27

<https://www.youtube.com/watch?v=uYLHqdSO9OY>

List 3 examples of how Jesus amazes you on a daily basis. These are things that you can see all around you.

Make a simple picture of a fishing boat and think about Jesus' power over all creation.

Physical Education

Follow the link to some internet safety videos: [Connect\[ED\]](#)

High-jump: Wrap a piece of masking tape around the tip of your middle finger (sticky side out). Jump straight up and give a light high-five to an outside wall. The piece of tape should stick.

Rainy day card game: Challenge someone to a card game (any game will do) and discuss what exercise the other person will have to do if you win. Now play!

Week of June 1 to 5, 2020