



Northeastern Catholic District School Board
Learn At Home Activities
Primary Students (Grades 1 - 3)

Art

Trace your hand on a sheet of paper. Make a picture of an animal using your imagination. Add colour, eyes and other body parts to complete your drawing.

Imagine you are at the zoo. What types of animals are there? Draw a picture of you and your family at the zoo. Colour the animals using an appropriate colour scheme.

Collect a few leaves of different shapes and sizes. Place the leaves under a sheet of paper. Slide the side of a crayon back and forth over the paper to make a print.

Catholic Faith

Watch TOMKIN Prudence

<https://www.youtube.com/watch?v=oIR5vjg0QUg>

What are the three easy steps that you learned from watching this video? Name them. Find ways to practice each step.

Split your page into three sections and draw a picture that represents each step.

Physical Education

Before carrying out any activity, always think about making safe and healthy choices. "Is what I am choosing to do safe? Can I get hurt? How can I prevent injury?"

Two-footed long jump: Stand with your feet slightly apart, jump forward and mark your landing spot (heel of your foot) with a stick. Measure if possible and try to beat your record.

Rainy day board game: Challenge someone to a board game and discuss what exercise the other person will have to do if you win. Now play!

Week of June 1 to 5, 2020