



Northeastern Catholic District School Board

Learn At Home Activities

Intermediate Students (Grades 7 & 8)

Art

Make your own graphic novel. Balance the pictures and word bubbles on the page to make good use of your space.

Use the link provided for instructions on two ways to make paper mache.

[How to Make Paper Mache](#)

Go for a walk and collect a few branches from the ground that have leaves or needles on them. When you return home use the different branches as paint brushes to create a unique piece of art.

Catholic Faith

Watch - The Lost Sheep Parable (Luke 15:1-7)

https://www.youtube.com/watch?v=_Ry2MaMyvGo

Make your own sheep desk organizer with an empty can. Don't forget to decorate it. Write the following verse on the sheep - Rejoice with me, I have found my lost sheep. Luke 15-6

Read "This is the kind of care that God has for mankind. He knows each of us by name. He does not want even one of us to go astray. Mankind had gone astray and God sent his son, Jesus, to find us." Why do people go astray and for what reasons? Discuss with a family member.

Physical Education

Get into a sit-up position with your feet against a wall or locked with someone else's. Do a sit up and touch the wall or pass the ball to your partner.

Go for a jog. Everytime you come to a light post, pick up your speed a little. Slow down at the next post.

If you end up watching TV or playing a video game, do an exercise every 5-10 minutes or when a commercial comes on.

Week of June 15 to 19, 2020