



**Northeastern Catholic District School Board**

**Learn At Home Activities**

**Intermediate Students (Grades 7 & 8)**

## **Art**

Create a book of pictures and quotes that depict hope, strength and perseverance. Keep the book for yourself or give it to someone in need.

Imagine you are hosting the Oscars. Design your suit or dress. What fashion statements would you make? Use as much detail as possible including colour, seams, and patterns.

Go outside with a camera and look for signs of spring. Focus on one item (e.g., flower, tree, bird) and take a number of different photos from a variety of angles to capture the perfect shot.

## **Catholic Faith**

Listen to the video of Caring for the Earth. <https://youtu.be/DNYjKDu2JBc>  
How can you care for the earth? Make a list of 8 things that you can do.

Make up a *Caring for the Earth* scavenger hunt. Try and find different kinds of leaves, flowers, rocks, acorns/pinecones and wildlife in your surroundings? Record what you see and discuss.

Draw and colour a picture of what Hope means to you after your scavenger hunt. Read and show your work to your family. Post it where it can be seen by many people.

## **Physical Education**

See how many push-ups you can do (Standard style or knee push-ups). Challenge a friend to match your number or beat it! Change the placement of your hands to make things interesting.

For a great hip-hop workout, go to: <https://www.youtube.com/watch?v=ZWk19OVon2k>.

You and someone from your household each hold a ball and face each other. Both of you count to 3 and pass the balls to each other without having them hit in the air. How fast can you do this?

**Week of May 11 to 15, 2020**