



Northeastern Catholic District School Board

Learn At Home Activities

Intermediate Students (Grades 7 & 8)

Art

Focus on one famous painting online. How do you think the artist was feeling while creating his/her masterpiece? Recreate the artwork to portray a new mood using different colours.

Imagine that you get to be the opening act for your favourite band. Choose a song to open with and have fun rocking out. Think about the audience and how you feel on stage.

Find a smooth stone. Use the instructions on the link provided to make a dot painting on your stone. [EASY Dot Art Stone Painting Using ONLY a Qtip & Pencil FULL TUTORIAL Rainbow Heart](#)

Catholic Faith

Watch The Parable of the Lost Coin

<https://www.youtube.com/watch?v=8XwbyhghCE4>

Who does the coin represent? How did the coin get lost? Who does the woman represent? What does the lamp represent? Write out your answers.

Make ten coins out of paper. Write the names of different people on the back of each coin with a marker. Pick a new coin everyday and they should pray for the person whose name is on the coins.

Physical Education

Contact a friend or family member with whom you haven't spoken in a while to see how they are doing. Once this is done, ask yourself how you are feeling now compared to before.

Jump rope: Try your best to complete all of the tricks in this video:

<https://www.youtube.com/watch?v=UTntXRW4wYk>

Make a pile of about 5 small rocks at one end of your yard. Start at the opposite end and pick up 1 rock at a time and bring them back. Move in different ways (i.e. running, lunges, jump squats, etc.).

Week of May 25 to 29, 2020