



Northeastern Catholic District School Board
Learn At Home Activities
Junior Students (Grades 4 - 6)

Art

Draw a self portrait leaving a space for hair. Add colour to the face and glue on dry pasta for the hair. Share your creation with your friends and family.

Make your own puppet show. Draw, colour and cut out a few characters and fasten them to popsicle sticks or twigs. Hide on one side of the couch and put on a show for your family.

As a family, watch a sunrise or sunset. Talk about the colours, lines, and shapes of the picture perfect moment. Take a photo or draw a picture to capture this memory forever.

Catholic Faith

Watch The Parable of the Lost Coin

<https://www.youtube.com/watch?v=8XwbyhghCE4>

Who does the coin represent and why? Discuss with a family member.

Make 10 coins and decorate them. Take the coins but hide one in a different area. Ask a family member if they can find it. Was it difficult to find the coin?

Physical Education

Write a letter to a friend or family member about how you have been feeling lately. In the letter, ask them about how they are doing. Ask them to respond with their own letter to you.

Jump rope: Try to complete all of the tricks in the first half of the video:

<https://www.youtube.com/watch?v=UTntXRW4wYk>

Space two objects about 3 meters apart. Move laterally (basketball defensive form) from one object to the next, touching them every time with your hand. Do this for one minute and keep count.

Week of May 25 - 29, 2020